

The Healing Power of Nature: The Foundations of Naturopathic Medicine  
And the Ecology of Healing:  
Primary Care for the Twenty First Century

**Textbook Information**  
**Chapter Outline and Contributors**

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**Chapter Outline**

The following is a draft outline of the book. We anticipate additional changes in contributors, including additional outstanding faculty in clinical theory from each naturopathic college. We also expect title

chapters and emphasis will be clarified, structured, and changed after meeting with the author editors, contributor teams, and discussion with the advisory group.

**Key:**

**(JZ) Jared Zeff**

**(PS) Pamela Snider**

**(JP) Joseph Pizzorno**

**(JS) James Sensenig**

**(SM) Stephen Myers**

**(BM) Bill Mitchell**

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**The Healing Power of Nature: The Foundations of Naturopathic Medicine  
And the Ecology of Healing:  
*Primary Care for the Twenty First Century***

***NATUROPATHIC MEDICINE: Philosophy, Principles and Clinical Theory***

“I have given each being a separate and unique way of seeing and knowing and saying these things.” Rumi  
*(Moses and the Shepherd) The Map Is Not the Territory, The Many Voices.*

Where relevant, chapters should include the following: cases; rigorous, updated and scientifically referenced definitions of terms and concepts; and current scientific works in the area. Contributors are asked to write an opening section referencing the historical origins and foundational concepts of early Naturopathic writers, doctors and thinkers as they pertain to their section. Also, where relevant, contributors are encouraged to include in their conclusion a discussion of areas for research, concepts that invite scientific inquiry and wherever possible to propose hypotheses which may be the basis of such research in the future.

Key elements of the Foundations Symposium, as proposed, are to engage critical dialogue, synthesis and exploration of Naturopathic philosophy and theory, and to further develop scientific hypotheses, which will assist researchers in investigating the concepts of Naturopathic philosophy. Contributors are further

encouraged to reference international aspects of their areas and to identify core skills attitudes and knowledge (competencies) essential for training Naturopathic physicians.

These areas can be tackled through subsections in relevant chapters as follows:

- History
- Traditional foundations and current state of knowledge/current writing: The author-editors will also develop an historical introduction for each section referencing what the founders had to say in specific areas
- Scientific foundations
- Definitions of terms and concepts
- Cases if relevant
- International aspects
- Essentials of training
- Scientific hypotheses
- International implications: scope of practice issues and variety

Glossary and index to be developed

Counsel and participation of elders will be developed with the assistance of Dr. Robert Broadwell

**\*\*\*Key philosophical concepts will be approached throughout the text with reference to the topical focus of the specific chapter. Spirituality is shown in blue font as an example.**

#### **i. Preface**

Authors: (*Oschmann, Jonas, Keppler, Grontkowski, Micozzi, et al.*)?

## Section One *Introduction*

*1. Intro Chapter “The Essentials of Naturopathic Medicine:”*

**Part I. The Healing Power of Nature, Vitalism, and Nature Cure Throughout Time**

**Part II. A History of Naturopathic Medicine**

**Part III. Naturopathic Medicine Today**

**Part IV. The Future of Naturopathic Medicine**

## Section Two

*Naturopathic Medicine: Philosophy, Principles and Clinical Theory*

*15. An Introductory Chapter by editors on Philosophy: to be written in editorial year to include discussion on “Why A Theory” and taxonomy.*

**Part V. The Philosophy of Naturopathic Medicine: The Ecology of Healing and the VMN**

*The Ecology of Healing Group... The Spirituality Group... The Whole Person Group...*

**Part VI. The Principles of Naturopathic Medicine: Respect Nature**

**Part VII. Naturopathic Clinical Theory**

**A Hierarchy of Healing: The Therapeutic Order: The Unifying Theory of Naturopathic Medicine**

### Section Three

*Clinical Applications of Naturopathic Theory*

*62. Introduction to Clinical Applications: Practice and Methods  
(Excerpt from AANP Definition)*

**Part VIII. Nature Cure**

**Part IX. Naturopathic Modalities**

**Part X. Naturopathic Primary Care**

**Part XI. Application of Naturopathic Theory to Clinical Sciences and Specialty Areas**

**Part XII. Naturopathic Case Management**

**Part XIII. Structuring Clinical Theory and Clinical Information for Teaching and Clinical Practice: Protocols, Algorithms, Guidelines and Clinical Monographs based on Naturopathic Principles and Clinical Theory**

### Section Four

*Science and Clinical Theory:*

*Naturopathic Medicine, Traditional Research and the New Sciences*

### Section Five

*The Promise Of Naturopathic Medicine*

*Implications Of Naturopathic Philosophy*

*“Creating a world in which humanity may thrive”*

*130. Conclusion: Gaia - Implications for a healthier planet on which humanity may thrive 10pg*