

Foundations of Naturopathic Medicine Project: **Codifying our knowledge.** *It's time.*

Our heroes are everywhere: the Greek botanist Pedanios Dioscorides with his *De Materia Medica*; Basil of Caesarea whose *Hexaemeron* is enormously relevant even today; the learned professors of the University of Salerno in the 9th century whose *Regimen Sanitatis* was a best seller of its time, all the way to Paracelsus in the 16th century, Nicholas Culpeper in the 17th, Hermann Boerhaave in the 18th, Samuel Hahnemann in the 19th century, and Benedict Lust and Henry Lindlahr more recently.



A profession must codify its unique knowledge to grow. It must find a powerful way to transfer its knowledge to new generations of practitioners. The goal of the Foundations of Naturopathic Medicine Project is to strengthen, deepen, unify and communicate the work of modern naturopathic physicians.



what we want to achieve...

CODIFY, using modern terms, naturopathic philosophy and principles of practice in a clinically applicable and scientifically meaningful way.

UNIFY AND RALLY the naturopathic medicine profession and its scholars to deepen its knowledge platform via a dynamic, systematic interaction among scientific research, clinical practice, institutional development and public policy.

PRODUCE A RIGOROUS SYNTHESIS of modern naturopathic philosophy as well as define its concepts/principles, so that these concepts can be systematically evaluated/researched by key stakeholders and health communities; and support the educational standards of the CNME.

PRODUCE A SERIES OF CORE FRAMEWORKS, emerging models and guidelines to support the rigorous application of naturopathic philosophy and theory to clinical decisions.

This textbook will reflect global naturopathic scholarship and unlike foundational philosophical texts of naturopathic medicine such as Lindlahr (1913), written by single authors, 150 contributors are collaborating on this text.

LEVERAGE THE FULL FLOWER OF NATUROPATHIC MEDICINE in the twenty-first century, constituting an evolution in the modern understanding of how healing works.

LAUNCH A SYMPOSIUM which will recur every five years, with new editions.



The Foundations of Naturopathic Medicine Project will produce a textbook on the philosophy, theory and principles of naturopathic medicine as a synthesis of the state of knowledge and understanding of the naturopathic scholastic community. At its core the book and future editions will arise from a dialogue created at a series of symposia over many years where leading holistic scientists and the key academic and scientific thought leaders in the naturopathic scholastic community will repeatedly come together. They will create a synthesis of naturopathic philosophy curricula, and a series of core frameworks, emerging models and guidelines. The project will produce a seminal text concentrating specifically on Naturopathic Medicine and assembling the best and most recent thinking on:

The principles and theory of naturopathic medicine.

The science of health and the process of healing.

Application to primary care.

Application to clinical decision-making.

Implications for public health policy.

Classical naturopathic medical texts on the basis of healing and laws of health have not been updated in over 90 years. Since Lindlahr's ground breaking 1913 publication *Nature Cure: Philosophy & Practice Based on the Unity of Disease & Cure* there has been no textbook updating the underlying theory of naturopathic medicine, and no comprehensive guide to clinical practice and case analysis based on theory, and referenced to current research.

The book we produce will provide modern students, scholars, physicians, other healthcare providers with a comprehensive explanation of how to think clinically within the practice of naturopathic medicine. The textbook will be written by the outstanding teachers and clinicians of our time followed by a series of chapters on clinical strategies applying naturopathic principles and The Therapeutic Order/Hierarchy of Healing to clinical decision-making. It will conclude with implications for public health policy, global health and international naturopathic medicine, and implications for a renewal of public health practice.

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*it's been 90
years since the
last one; we
need your help
to make this
project part of
the naturopathic
landscape for
the next 90*

...



the project TEAM

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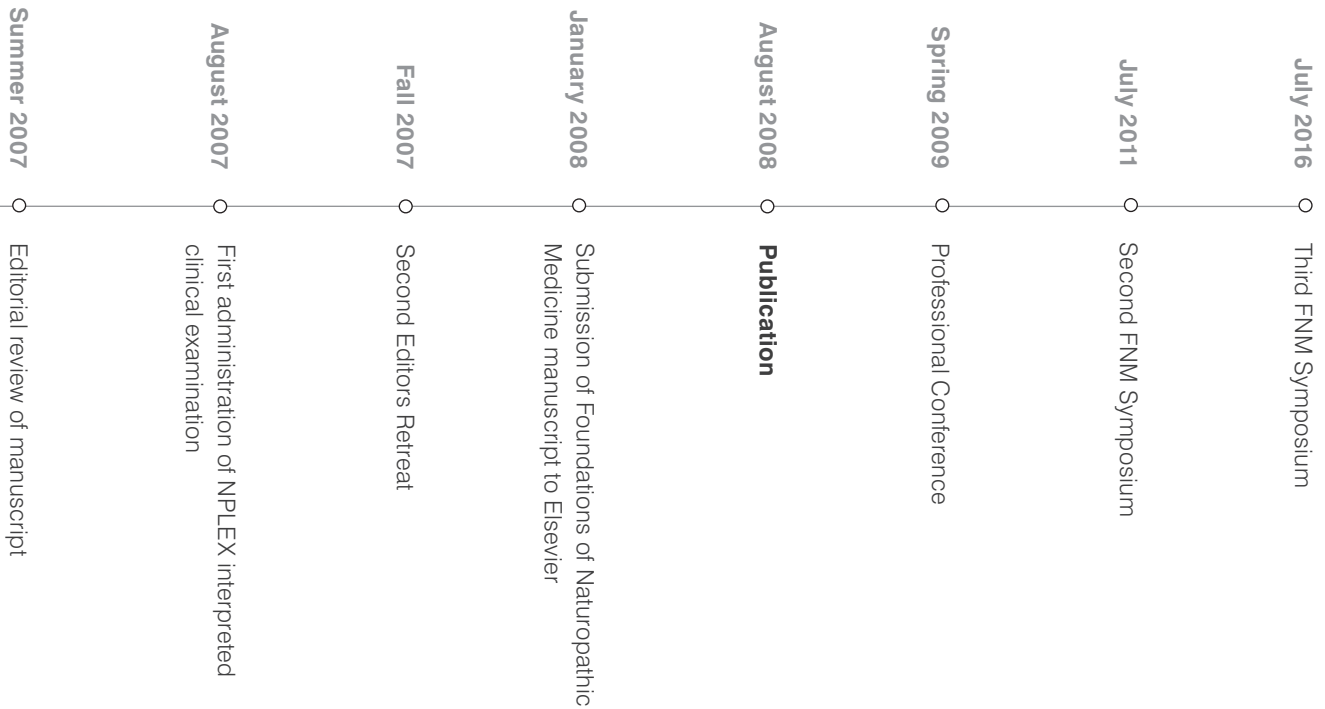


a critical path for the Foundations of Naturopathic Medicine Project 2004 – 2008

A highly co-operative network of scholars, colleges and agencies working over time to codify the foundations of naturopathic medicine.

The Foundations of Naturopathic Medicine Project: creates coherence across a broad spectrum of stakeholders whose counsel, support and standards are critical to the process and its outcomes.

The Foundations of Naturopathic Medicine PROJECT's first Symposium is planned for Spring 2007. Help us get this amazing team together.



and we want to recognize our supporters substantially ...

The Foundations of Naturopathic Medicine Project:

It's time...

Our supporters are our strength. Without them, this work would not be possible! Not only do they share our vision, they have helped create that vision. With their permission, we will include them in the following visibility opportunities:

A RECOGNITION ENTRY for you as a "Friend of the Foundations of Naturopathic Medicine" on a special page in the textbook itself

A POSTER DISPLAY or power point presentation at the Symposium, outlining your involvement

[picture and commentary, hard copy and electronic]. We can assist in the preparation of this, as needed.

YOU WILL BE A VIP INVITEE to a high profile GALA RECEPTION for Friends of the Foundations of Naturopathic Medicine and authors/contributors at the annual conventions of the Naturopathic Medical Profession ... we want the profession to know you.

A PREVIEW NOTEBOOK PAGE for sponsors prior to the SYMPOSIUM ... you're in the loop early and often.

A SPECIALLY DESIGNED PLAQUE honoring your leadership and support in this landmark project presented at a highly visible, opportune moment.

A key step along the way: the first SYMPOSIUM Spring 2007

Over 150 scholars and clinicians are committed to preparing chapters or sections for the Foundations of Naturopathic Medicine textbook which will become the perpetual platform and process for articulating the theory, knowledge and methodologies of our medicine. The Symposium will assemble researchers, practitioners, scholars and editors to capture, standardize and set down a cohesive and comprehensive end product, benchmarking our efforts at codifying the knowledge of naturopathic medicine, respecting what has gone before and capturing what is constantly evolving.

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Milestones

- **MOODLE**
Virtual Dialogue: on-line authors community
- *Editors Retreat*
- *Leadership Symposium*
- *Publication*

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SYMPOSIUM OBJECTIVES

BRING TOGETHER leading scientists and healers

FINALIZE A CORE MODEL for naturopathic philosophy and clinical theory

ENSURE THE INTEGRATION AND COMPREHENSIVENESS of chapters in the FNM Textbook

EXPLORE AND RECOMMEND CORE COMPETENCIES AND ASSESSMENT for naturopathic philosophy and clinical theory education to the CNME

DEFINE THE ELEMENTS of naturopathic primary care, including nature cure

DEVELOP CLINICAL ALGORITHMS that apply naturopathic philosophy to clinical decision making

DEFINE KEY TERMS AND CONCEPTS identified by the Naturopathic Medical Research Agenda (NMRA)

SUPPORT AND REFLECT THE CNME's EDUCATIONAL STANDARDS, including those integrating naturopathic philosophy across the curriculum



The Participants

The Foundations of Naturopathic Medicine Project Editors
The Foundations of Naturopathic Medicine Team and Section Leaders
The Foundations of Naturopathic Medicine Project Contributing Authors
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Naturopathic college faculty from six countries
Naturopathic physician thought leaders
Naturopathic medical students
Deans, Presidents, Clinic Directors, and academic leaders
from all Naturopathic colleges in North America
International naturopathic scholars and academic leaders
Thought leaders in the science of healing, public health, ecology
and public policy

ORGANIZATIONS

Elsevier	Essiac Canada
SaluGenecists	TORF Spa, LLC.
Truestar Health, Inc.	Kaustic Design
Tech Unleashed	The Integrator Blog: News & Reports

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National College of Naturopathic Medicine (NCCNM)
Naturopathic Physicians Licensing Examination (NPLEX)
The Institute for Natural Medicine
Naturopathic Society International: The Gatherings
The Naturopathic Society (SCNM)

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William Keppler, PhD	John Robinson
Cristina Romero Bosch	Rick Kirschner, ND

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PUBLISHER

Elsevier

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the book itself

*THE HEALING POWER OF
NATURE: THE FOUNDATIONS OF
NATUROPATHIC MEDICINE AND
THE ECOLOGY OF HEALING*

*Primary Care for the
Twenty First Century*

SECTION ONE

*THE PROFESSION:
The Vis Medicatrix Naturae
Throughout Time.*

SECTION TWO

*NATUROPATHIC MEDICINE:
Philosophy, Principles and Clinical Theory*

SECTION THREE

*CLINICAL APPLICATIONS
of Naturopathic Theory*

SECTION FOUR

*SCIENCE AND CLINICAL THEORY:
Naturopathic Medicine, Traditional
Research and the New Sciences*

SECTION FIVE

*THE PROMISE OF
NATUROPATHIC MEDICINE:
Creating a Healthy World.*

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what it's going to cost

The catalyst for the Foundations Project is a symposium to convene naturopathic scholars, faculty, naturopathic students, and scientists. The budget also covers travel costs, senior editors' management, editors retreat, administrative tasks, and the management, oversight, synthesis and review of proceedings and producing the final manuscript for publication. The total budget covering *five years* is **\$590,000** to make this project happen, or \$195,000 per annum. This is a modest but realistic operations budget for a project this comprehensive.

As naturopathic physicians and institutions apply naturopathic philosophy, clinical strategies, therapies, research efforts and workforce to the disease challenge, they will be positioned to increase the health span of a growing, aging population riddled with multiple chronic diseases. The national disease burden, and health care costs-now escalating at an alarming rate, stands to be diminished through this wider health promotion movement recognizing and acting on the tremendous potential for collaborative efforts among all health care disciplines.

CATEGORIES OF SPONSORSHIP ... WITH YOU, WE'RE THERE.

Vis Medicatrix Naturae	\$25,000 x 5 years.	\$125,000
Primum Non Nocere	\$20,000 x 5 years.	\$100,000
Tolle Causam	\$15,000 x 5 years.	\$75,000
Tolle Totum	\$10,000 x 5 years.	\$50,000
Docere	\$5,000 x 5 years.	\$25,000
Prevention and Wellness	\$1,000 x 5 years.	\$5,000



OUR BUDGET IS FOR PROJECT MANAGEMENT (including the foundations symposium) January 1 2006

TOTALS

SECTION 1.

Project Management over three years
Managing: \$449,197

SECTION 2

Foundations Symposium & Retreats
Operations Costs: \$141,094

GRAND TOTAL: \$590,291

- Convening and managing of editors, contributors, synthesis teams (150 professionals)
- Managing and overseeing MOODLE and writing continuum across groups
- Development, convening and management of Symposium process, contributors, presenters
- Production, distribution and public relations: Production of text, models, graphics

FUNDS RAISED SO FAR:

Fundraising Goal - \$590,291

Raised to date - \$158,850

FRIENDS OF THE FOUNDATIONS OF NATUROPATHIC MEDICINE

National College of Naturopathic Medicine	†
ESSIAC Canada	\$125,000
Elsevier (publisher)	\$20,000
Canadian College of Naturopathic Medicine ††	\$8,000
TORF Spa	\$3000
William Keppler, PhD	\$1,000
Chris Grontkowski, PhD	\$1,000
Trina Doerfler, DC, ND	\$500
NPLEX	\$250
Cristina Romero Bosch and John Robinson	\$100

Total \$158,850

† As the academic home to the Foundations of Naturopathic Project, NCNM has committed to significant, ongoing in-kind support for the project including the MOODLE environment, fiscal reporting, research, work study support and faculty participation.

†† CCNM is providing funding for CCNM faculty attending the editors retreat and symposium (estimated cost).

NOTE: Through the affiliation with National College of Naturopathic Medicine (NCNM) all contributions to the Foundations of Naturopathic Medicine Project are eligible for 501 C-3 tax deduction status for United States contributors under IRS guidelines.

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